



To assist the doctor in evaluating your visual skills please grade each of the following questions below. Once completed, save and email to mawani@discovervisiontherapy.com.

- 1 – Never
- 2 – Rarely
- 3 – Occasionally
- 4 – Often
- 5 – Always

Please rate the following as they apply to you:

- 1. Things are blurry for a moment when you look up from reading or computer work.
- 2. You get headaches or eyestrain when you use your eyes for careful seeing.
- 3. Things blur in and out of focus.
- 4. You would like to become less dependent on glasses.
- 5. Your eye drifts in toward your nose or out toward your ear.
- 6. When you read, the print runs together.
- 7. When you read, the print looks unsteady or dances.
- 8. You rapidly fatigue and lose comprehension when reading.
- 9. You have difficulty judging how far away other cars are.
- 10. You have to look twice because you can't trust yourself to see things correctly the first time.
- 11. You have difficulty telling how fast other cars are moving.
- 12. You have more trouble with computer and desk work as the day goes on (your productivity goes down as the day progresses).
- 13. You have to check your work for errors constantly because your eyes play tricks on you.
- 14. You would have second thoughts about a promotion if it meant more reading or desk work.
- 15. It's hard to catch or hit a ball.
- 16. When playing golf, your short game is more difficult.

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