



To assist the doctor in evaluating your visual skills please grade each of the following questions below. Once completed, save and email to mawani@discovervisiontherapy.com.

- 1 – Never
- 2 – Rarely
- 3 – Occasionally
- 4 – Often
- 5 – Always

Please rate the following as they apply to you:

1. Things are blurry for a moment when you look up from reading or computer work.
2. You get headaches or eyestrain when you use your eyes for careful seeing.
3. Things blur in and out of focus.
4. You would like to become less dependent on glasses.
5. Your eye drifts in toward your nose or out toward your ear.
6. When you read, the print runs together.
7. When you read, the print looks unsteady or dances.
8. You rapidly fatigue and lose comprehension when reading.
9. You have difficulty judging how far away other cars are.
10. You have to look twice because you can't trust yourself to see things correctly the first time.
11. You have difficulty telling how fast other cars are moving.
12. You have more trouble with computer and desk work as the day goes on (your productivity goes down as the day progresses).
13. You have to check your work for errors constantly because your eyes play tricks on you.
14. You would have second thoughts about a promotion if it meant more reading or desk work.
15. It's hard to catch or hit a ball.
16. When playing golf, your short game is more difficult.

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